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All Scientific Papers submitted for Publication must be Typewritten.

Notify the office promptly of any change of address, in order that mailing list and addresses in the Register may be corrected.

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## EDITORIAL NOTES.

Dishonesty and incompetence thrive only in the dark of general ignorance; the light of publicity wilts these noxious weeds.

**MEDICAL ILLUMINATION**      Medical schools are getting publicity a-plenty in these days, and the month of June was rather an unfortunate one for a number of them. From two distinct sources came publicity in large quantities. The Council on Medical Education of the A. M. A. published its long-promised report indicating the relative standing of schools and pointing out directly those that should have no recognition without complete reorganization. The report of the Carnegie Foundation on Medical Education, made after a most careful examination of every medical school in the United States and Canada, by Abraham Flexner, was also issued in June, and is a monumental work so full of truths and so pregnant with food for thought that it will be eagerly read and its facts earnestly considered by all who are interested in medical teaching or medical progress. The "General Considerations" of medical schools in California will be found reprinted on another page of this issue of the JOURNAL, and are well worth careful reading. The frankness of the expressions descriptive of the conditions found in each school is at times startling, though undoubtedly true. "The school is a disgrace to the state whose laws permit its existence." "The school has no laboratory worthy of the name." These expressions refer to two schools in California.

Florence Nightingale is dead at the age of ninety; fifteen years of suffering, during which time she has hardly left her bed, ended a remarkable career.

**FLORENCE NIGHTINGALE.**      Once in a long while a character is found strong enough to cope with some great problem. Such an one necessarily possesses uncommon zeal, energy and determination, the gift of presenting arguments so as to convince others, the faculty of organizing, the tenacity which brooks no discouragement, the courage which comes from perfect faith in one's calling. There has been much maudlin sentiment concerning this great English woman, but there was not a bit of it in her character. She acted promptly at a time when her services to her country were most needed. Her position was so peculiar, and she departed so radically from the confines of custom, that her labors attracted universal attention and her deeds were heralded throughout the civilized world. Her ascension to popular favor was meteoric and the short duration of her great active work has hardly a parallel in history. This activity was crowded into a period of twenty-one months.

It is difficult in this day to form a conception of the conditions which confronted her and which, in her brief campaign, she did so much to remedy. Those who remember the coarse, vulgar picture which Dickens draws of the English nurse "with her layings out and her lyings in" will have some conception of the task she was to perform. She found the women, who worked in the hospital wards of England, the lowest and most degraded types; rough and uncouth, dirty in language and person, and nearly always drunk,—the very dregs of the city. Such was the stigma attached to the occupation of nursing that no woman of decency dared, or cared, to enter the work.

Florence Nightingale came from a wealthy and influential family. Born in the Italian city on the banks of the Arno, she received from it her name, and with the name went its warmth and glow and sunshine. Her father gave her what in those days was considered a masculine education, but his daughter remained essentially feminine. After her bow to the Queen she entered the whirl of the London season, but, soon tiring of social gaieties, she cast about for more serious employment. Several illnesses in her own family resolved her to take up nursing and to create of it a profession. She found, after long search, some ardent souls in a little Lutheran institution on the Rhine, and here she remained some months, later supplementing this training by observation of the work of the Catholic sisters in Paris. She brought back her knowledge to London and began a life of active philanthropy.

War was declared between Great Britain and Russia in 1854, and both France and England threw

### QUEER MISTAKES IN INSURANCE EXAMINATIONS.

If the doctor is to believe all the statements made to him by applicants for life insurance, certain families have been distinguished by their strange happenings. The *British Medical Journal* selects a few of the most amusing from a large series of blunders:

"Mother died in infancy."

"Father went to bed feeling well, and the next morning woke up dead."

"Grandfather died suddenly at the age of 103. Up to this time he bid fair to reach a ripe old age."

"Applicant does not know cause of mother's death, but states that she fully recovered from her last illness."

"Applicant has never been fatally sick."

"Father died suddenly; nothing serious."

"Applicant's brother, who was an infant, died when he was a mere child."

"Grandfather died from gunshot wound, caused by an arrow shot by an Indian."

"Applicant's fraternal parents died when he was a child."

"Mother's last illness was caused from chronic rheumatism, but she was cured before death."

### THE BULLETIN OF THE STATE BOARD OF HEALTH.

The August number of the Bulletin of the State Board of Health is devoted largely to the subject of vaccination, and this question is discussed in all its phases and from every standpoint. There are excellent articles by Stanley P. Black of Pasadena, Bancroft of Los Angeles, Regensburg, Russ and Alderson of San Francisco, Pope of Watsonville, Hogan of Vallejo and Medical Inspector Gatewood of the United States Navy. The legal aspects of vaccination are discussed by J. E. Gardner, the attorney for the Board, and there are voluminous statistics gathered from all portions of the State. Dr. Wm. F. Snow, the Board's Secretary, reviews at length the history of smallpox in California. This *Bulletin* will greatly aid the Board in enforcing the vaccination law, for it appeals to the general reading public. The *Bulletin* will be sent to any citizen of the State on request to the Secretary, Sacramento.

### ILLEGAL PRACTITIONERS AND ADVERTISING QUACKS.

A short time ago a circular letter was sent to every registered physician in San Francisco, asking him to report the name and address of any one he suspected of practicing medicine without a license; the machinery of the Board of Examiners was ready to work, and names of illegal practitioners were desired. Less than a half-dozen such names were sent in, but dozens of letters were received calling attention to various advertising concerns. Repeatedly has the Journal made the announcement that all these concerns are either run by some licensed person, or the proprietor has a licentiate in his employ to do the work and take the responsibility. Nearly all of them in San Francisco have been investigated, and this has been found to be the case. The Board of Examiners is ready to proceed with prosecutions, and requests that names of illegal practitioners be communicated to the Board so that the work may go forward.

### PUBLIC HEALTH COMMISSION.

To the Secretaries of County Medical Societies: The Public Health Commission feel that an energetic campaign for public health must be waged during the coming year, and in order to do this it will be necessary for us to have a good active public health committee in each county medical society.

One of the lines of work we suggest is the giving of three or more public health lectures at suitable places in each county; these lectures to be illustrated by lantern slides. It will be possible in some instances for the State Public Health Committee to furnish a speaker or speakers to give these lectures, but owing to lack of funds to carry on this work, it will be necessary for the local committee to furnish most of the speakers.

We feel that the time has arrived for each county to arrange for an active campaign to secure an annual appropriation of, say, \$10,000, to be used by the State Board of Health to carry on this work properly. The Legislature will meet this fall, and we hope your society, through its public health or other committees, will have all the candidates sign the statement, copies of which have been sent you by Dr. Philip Mills Jones, secretary of the State Medical Society.

If we can induce the next Legislature to give the State Board of Health \$10,000 annually for educational work in hygiene and sanitation, much progress can be made. Up to now, California has spent very little money in public health work.

Will you not co-operate by appointing, to-day if possible, a public health committee for your county society that will be energetic and public-spirited enough to devote some time to the work?

Remember, we must see these legislative candidates at once. Send us the names of your committee without delay. The State Public Health Committee ask you to do this without waiting for a meeting of your society. May we count on your co-operation?

Awaiting your reply, I am,

Faternally yours, F. C. E. MATTISON.

### ANOTHER VICTIM OF MEDICAL WORK.

In July last, Dr. Mihran K. Kassabian died in Jefferson Hospital, Philadelphia, from cancer following upon an X-ray burn of the hand in 1902. Two years ago Dr. W. W. Keen amputated two fingers, hoping to stop the malignant process. Subsequently Da Costa amputated the arm, and later the pectoral muscles, but the disease continued unchecked. Here in San Francisco we have had at least one similar death from cancer following upon X-ray burn, and there have been, all told, quite a number of such fatalities. Dr. Kassabian was one of the foremost experts in the United States in X-ray work, and his death will be a distinct loss.

### DANGER IN THE SUGAR BOWL

A correspondent calls attention to a by no means small danger to be found in many restaurants, particularly of the smaller sort, and in the dining-rooms of the cheaper hotels. A patron will take granulated sugar from the bowl, put it in his cup of tea or coffee, stir it up, and then taste it to see if it is sweet enough. If it is not, he will not infrequently return the same spoon to the sugar bowl for more. Now, should he have a few mucous patches in his mouth, or be an unfortunate in the later stages of tuberculosis, the possible result of his filthy act is not nice to contemplate. It is suggested that only cube sugar be served in open bowls and that powdered or granulated sugar be served in covered shakers.

### NEW MEMBERS.

McEnery, W. A., San Francisco.

Capps, Wm., San Luis Obispo.

### DEATHS.

Baylor, Wm. C., Willows, Cal.

Lynch, Wm. F., Elmhurst, Cal.

Adams, P. A., Honolulu, H. I.

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| Counties.  | President.                         | Secretary.  | Meets.                                    |
|--|------------------------------------|---|---|
| Alameda County Medical Association.....          | Chas. A. Dukes, Oakland.....       | Pauline Nusbaumer .....<br>1169 Broadway, Oakland | 3d Tuesday, 127 Telegraph Ave., Oakland   |
| Butte County Medical Society.....                | E. A. Kusel, Oroville.....         | Elia F. Gatchell, Chico.....                      | 2d Tuesday .....                          |
| Contra Costa County Medical Society.....         | C. R. Leech, Walnut Creek.....     | F. Rattan, Martinez.....                          | 1st Monday every other month.....         |
| Fresno County Medical Society.....               | C. P. Kjaerbye, Fresno.....        | L. R. Willson, Fresno.....                        | 1st Tuesday .....                         |
| Humboldt County Medical Society.....             | C. W. Mills, Arcata.....           | E. V. Falk, Eureka.....                           | 2d Tuesday.....                           |
| Imperial County Medical Society.....             | J. V. McCombs, El Centro.....      | J. L. Cook, Brawley.....                          | ? ? ?                                     |
| Kern County Medical Society.....                 | S. F. Smith, Bakersfield.....      | W. S. Fowler, Bakersfield.....                    | 3d Monday .....                           |
| Los Angeles County Medical Society.....          | W. W. Richardson, Los Angeles..... | Geo. H. Kress, Los Angeles.....                   | Friday, except July, Aug. & Sept.....     |
| Marin County Medical Society.....                | F. J. Hund, Ross Station.....      | H. O. Howitt, San Rafael.....                     | Every Thursday .....                      |
| Mendocino County Medical Society.....            | F. E. Allen, Talmage.....          | L. K. Van Allen, Ukiah.....                       | Meets quarterly .....                     |
| Merced County Medical Society.....               | E. S. O'Brien, Merced.....         | L. H. Woolson, Merced.....                        | 1st Thursday .....                        |
| Monterey County Medical Society.....             | T. C. Edwards, Salinas.....        | H. T. Crabtree, Salinas.....                      | 1st Saturday .....                        |
| Napa County Medical Society.....                 | F. C. Newton, St. Helena.....      | O. T. Schultze, Napa.....                         | 1st Tuesday .....                         |
| Orange County Medical Association.....           | J. L. Beebe, Anaheim.....          | Ida B. Parker, Orange.....                        | 1st Tuesday .....                         |
| Placer County Medical Society.....               | J. G. Mackay, Truckee.....         | G. H. Fay, East Auburn.....                       | 1st Saturday every 2d month.....          |
| Riverside County Medical Society.....            | A. W. Walker, Riverside.....       | G. E. Tucker, Riverside.....                      | 2d Monday .....                           |
| Sacramento Society for Medical Improvement.....  | G. W. Duffey, Sacramento.....      | Chas. McKee, Sacramento.....                      | 3d Tuesday.....                           |
| San Benito County Medical Society.....           | L. C. Hull, Hollister.....         | F. O. Nash, Hollister.....                        | 1st Monday .....                          |
| San Bernardino Medical Association.....          | W. P. Burke, Highland.....         | G. G. Moseley, Redlands.....                      | 2d Tuesday .....                          |
| San Diego County Medical Society.....            | R. E. Austin, San Diego.....       | H. A. Thompson, San Diego.....                    | 1st Friday .....                          |
| San Francisco County Medical Society.....        | Langley Porter, San Francisco..... | Rene Bine, San Francisco.....                     | 2d Tuesday.....                           |
| San Joaquin County Medical Society.....          | J. P. Hull, Stockton.....          | B. F. Walker, San Joaquin.....                    | 4th Friday, except July and August.....   |
| San Luis Obispo County Medical Society.....      | H. M. Cox, San Luis Obispo.....    | R. M. Bradbury, San Luis Obispo.....              | ? ? ?                                     |
| San Mateo County Medical Society.....            | J. L. Ross, Redwood City.....      | F. M. Seibert, San Mateo.....                     | 1st Monday every 2d month.....            |
| Santa Barbara County Medical Ass'n.....          | D. A. Conrad, Santa Barbara.....   | T. A. Stoddard, Santa Barbara.....                | 2d Monday .....                           |
| Santa Clara County Medical Society.....          | E. R. Wagner, San Jose.....        | J. J. Kocher, San Jose.....                       | 3d Wednesday.....                         |
| Santa Cruz County Medical Society.....           | S. T. Pope, Watsonville.....       | E. E. Porter, Watsonville.....                    | 1st Monday.....                           |
| Shasta County Medical Society.....               | S. T. White, Redding.....          | B. F. Saylor, Redding.....                        | Meets quarterly.....                      |
| Solano County Medical Society.....               | C. E. Turner, Big Pine, Cal.....   | J. J. Hogan, Vallejo.....                         | 3d Wednesday.....                         |
| Sonoma County Medical Society.....               | S. Z. Peoples, Petaluma.....       | Jackson Temple, Santa Rosa.....                   | 1st Friday.....                           |
| Stanislaus County Medical Society.....           | W. J. Wilhite, Modesto.....        | B. F. Surryhne, Modesto.....                      | 2d Tuesday at Modesto .....               |
| Tehama County Medical Society.....               | J. A. Owen, Red Bluff.....         | F. L. Doane, Red Bluff.....                       | ? ? ?                                     |
| Tuolumne County Medical Society.....             | E. E. Wilson, Greenville.....      | C. F. English, Sonora.....                        | ? ? ?                                     |
| Ventura County Medical Society.....              | J. C. Bynum, Ventura.....          | P. S. Van Patten, Nordhoff.....                   | 1st Monday.....                           |
| Yolo County Society for Medical Improvement..... | T. W. Gallion, Davisville.....     | Frances L. Newton, Woodland.....                  | 1st Tuesday, except July, Aug., Sept..... |
| Yuba-Sutter Counties Medical Society.....        | J. H. Barr, Marysville.....        | G. W. Stratton, Marysville.....                   | Meets quarterly.....                      |

N. B.—Secretaries will please notify Journal office of any changes taking place in their respective county.

**A. M. A. Principles of Ethics.**

"It is equally derogatory to professional character for physicians to dispense or promote the use of secret remedies."